



Porthleven School & Pre-School



Newsletter

Friday 2nd February 2024

Dear Parents,

This week, our students enjoyed an exciting addition to their lunchtime routine - our 'Facts for life' Knowledge Drops, accessible as they enjoy their meals. It has sparked engaging discussions not only during lunch but also extending into other parts of their day.

Our Early Years Foundation Stage had a special visit from the local police, delving into topics such as keeping safe, road safety, and lost people. The visit concluded with an intriguing opportunity for the children to explore the back of the police van and get a closer look at the equipment used by law enforcement.

A warm welcome back to Years 5 and 6, who returned from a highly successful trip to Bristol. The days were filled with exciting activities and this week, they've been diligently creating brochures and sharing their memorable experiences. Keep an eye out in next week's newsletter for some captivating examples and additional details.

Year 4 dove into their swimming lessons this week with enthusiasm, returning with beaming smiles. They're eagerly anticipating the upcoming lessons that lie ahead.

As we approach the final week before the half-term break, we kindly request that all outstanding homework be submitted. Our dedicated teachers are already hard at work preparing a new set of activities for the upcoming half term. Stay tuned for more updates and exciting developments!

Kind regards
Mrs Figgins

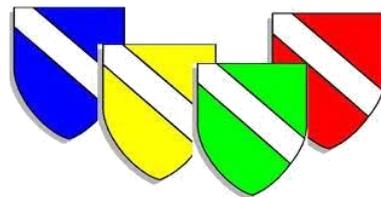
Attendance

Class	Attendance This week	Late Marks
Rainbowfish—YR	92.87	
Seahorses—Y1	96.54	
Jellyfish—Y2	95.86	
Narwhals—Y3	96.21	
Swordfish—Y4	95.56	
Manta Rays—Y5	97.95	
Dolphins—Y6	98.10	
WHOLE SCHOOL	95.63	

Well done to Dolphins class for the best attendance this week!

House Points

Running Totals This Term:



Cookworthy: 11

Penrose: 9

Gibson: 9

Methleigh: 11

Our winners this week are the

Cookworthy Team

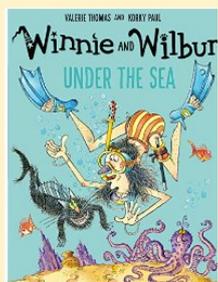
Well done!

Accelerated Reader Champions!



Jellyfish	Narwhals	Swordfish	Manta Rays	Dolphins
Class Weekly Word Count				
24,905	100,318	255,662	27,214	320,817
Highest Pupil Weekly Word Count				
Arlo 4,062	Esmay 25,276	Bertie 68,475	Eli 9,399	Bree-Anna 91,844
100% achievers - Who has achieved their target?				
Noah, Arlo,	Gracie, Sasha, Lottie, Rupert, Evie, Lily, Sasha, Ceci, Isla, Keira, Lydia	Sophia, Merryn, Rose, Ivy, Ezra, Bertie, Ella	Felix, Linnea, Olivia-Mai	Annabelle Harley, Bree-Anna,

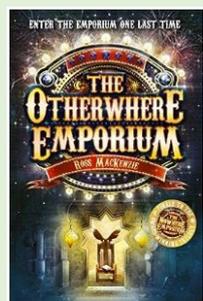
Recommended Reads



KS1 AR 2.4

Winnie and Wilbur under the Sea
Valerie Thomas

Winnie and Wilbur are on holiday! With a flick of her magic wand Winnie turns them both into sea creatures so that they can dive beneath the ocean waves. But when Winnie's wand sinks out of sight, how will they get safely back to shore? It's a deep-sea Winnie and Wilbur adventure! Korky Paul's intricate artwork is full of madcap humour and crazy details to pore over.



KS2 AR 5.3
The Otherwhere Emporium: 3
Ross MacKenzie

The mysterious Nowhere Emporium has appeared once more. With its shining bricks the colour of midnight, and rich scents of melting chocolate and exotic spices, it's easy to see why inquisitive Mirren isn't the only one bewitched by the magical store. Behind the Emporium's red velvet curtain lies a palace of unimaginable treasures -- glittering jewels and gleaming gold, sparkling diamonds and shining armour. But hidden among these wonders, something sinister is lurking. The Emporium is under the control of a menacing figure in a top hat who calls himself Vindictus Sharpe. Who is he? And where is the Emporium's rightful owner, Daniel?

Maths Whizz Winners

Below is our weekly progression for each class!

Jellyfish: 2.2

Narwhals: 2.5

Swordfish: 2.2

Manta Rays: 2.6

Dolphins: 2.7

Well done to Dolphins for winning the Maths Whizz trophy this week!



Maths-Whizz
by whizz EDUCATION

EYFS & KS1 TEAM

This week we hear from Mrs Blanford!

Over the last few weeks Jellyfish have been learning about the weather in their topic lessons. They have been using cloud frames to identify the different types of clouds they can see and some children made rain gauges to measure rainfall in the sensory garden while others made windsocks to measure wind. Lots of children have been sharing their optional topic homework they have completed over the last few weeks which means we've had a lovely variety of work coming in from delicious photos of food they have made to stories they have written, posters of encouraging good hygiene and research about different shipwrecks for next half term's history topic. We are busy in art getting ready to make our final collages after lots of work mixing paints and creating different textures with different tools.



This week we hear from Miss Morris-Marsham!

KS2 TEAM

This term, Year 5 are focusing on 'Data Handling' in computer, specifically looking at identifying some of the types of data that the Mars Rover collects! They have learnt about binary code and this week started learning about the computer architecture of the Mars Rovers and how they transmit data back to Earth. We learnt that the CPU (Central Processing Unit) is a computer's brain and it's RAM (Random Access Memory) is its working memory. We 'tested' some different Mars Rovers with different capabilities and had missions to complete. We learnt that the more RAM there is, the more instructions it can carry out in a row.



Important Messages

Attendance and late arrival

As a reminder, the expected attendance for a child is **95%** or above. Please ensure all absences are emailed or left on the absence phonenumber by 9am each day.

School gates close at 8.50am, if your child arrives after this time they will need to ring the gate buzzer and register at the office.

Breaktime snacks

We ask that children please have a healthy snack during break times and avoid snacking on items such as chocolate or crisps.

School Facebook

Please follow the schools Facebook page for school updates - Porthleven School.

Porthleven PTA page is not run by the school. If you have any questions about school, please ensure you send them to porthlevensecretary@croftymat.org or call the school office.

Information sent home this week:

- Camp photos from Year 5 and 6 Bristol trip placed on Google Classroom!

Admissions

Croftly Multi Academy Trust is consulting on its schools' admissions arrangements for the academic year 2025-26.

We are proposing one change to the policy and, in accordance with the School Admissions Code, must therefore consult locally with our stakeholders.

Please find attached a letter that outlines the consultation and the changes we are proposing, along with a copy of the draft Admissions Policy for 2025-26 with the changes highlighted.

Comments are welcomed and should be made following the process outlined in the letter. We have set a deadline for responses to be returned by 3.15pm on Wednesday 31st January 2024.

We thank you for your help and co-operation in this matter.

Words For Life

Please see below a link to an excellent website with lots of really useful, practical tried and tested activities and resources for parents to support their child's language and literacy development. It is helpfully divided into different age bands across the pre-school and primary age range.

<https://wordsforlife.org.uk/>



Parent and carer workshops

We have been so lucky to have the Mental Health Support Team (MHST) working in all classes since September to support all children with strategies to cope with worries and anxiety.

We have an opportunity for you to attend a course focusing on, 'Introduction to building resilience'. It is on Tuesday 20th February at 2pm. There are only 12 spaces so please book as soon as you can. If we have more interest than 12, we will book another session so please let the office know.

Here is some information about the course and a link to book yourself on: <https://forms.office.com/e/HVWUXLX3ER>

Parent and carer workshops

Introduction to building resilience

This is a single, hour-long session aimed at parents. The session covers how to encourage young people to develop greater resilience, and provides psychoeducation around what mental health and resilience is.

The session focus is on how to support positive mental health in young people, especially building on the 5 ways to wellbeing.

1. Connect.
2. Give.
3. Get active.
4. Learn.
5. Take notice.



When young people are resilient, they are more able to cope with challenges and stress, and can therefore be more curious, adaptable and able to extend their reach into the world.

SPORTS DAYS



2024



EYFS/KS1

Monday 10th June 10-12pm

(reserve date: 15th July)

KS2

Tuesday 11th June 10am-3pm

(reserve date: 16th July)

More details to follow soon!

WEEK 3

W/C: 13/11, 04/12, 15/01, 05/02, 26/02, 18/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza 🌱 Served with Potato Wedges	Cottage Pie ❤️ Served with Gravy	Roast Pork Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma 🌱❤️ Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
	Chilli No Carne with Crispy Tortilla 🌱❤️ Served with Wholegrain Rice	Cauliflower Macaroni Cheese 🌱❤️ Served with Garlic and Herb Bread	Sweet Potato and Chickpea Roast 🌱❤️ Served with Roast Potatoes and Gravy	Sweet and Sour Vegetables 🌱❤️ Served with Wholegrain Rice	Crispy Quorn Nuggets 🌱 Served with Chips
JACKET POTATO	Jacket Potatoes ❤️🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️🌱 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱🌱					
All main meals are served with two vegetables					
DESSERT	Magic Apple and Cinnamon Bake 🌱	Strawberry Jelly	Orange Drizzle with Fruit 🌱	Pineapple Upside Down Cake with Custard	Chocolate Ice Cream with Shortbread Biscuit

PACKED LUNCH AVAILABLE
 Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

Menu Changes Coming Up

Tues 20th Feb

Thurs 22nd Feb

PANCAKES

American Pancakes
served with
Lemon and Sugar
or
Chocolate Spread

Menus may be subject to change

CHINESE NEW YEAR

MAINS

Chinese Chicken Rice or
Vegetable Chow Mein

SIDES

Stir Fry Oriental Vegetables

DESSERT

Apple Fortune Cake

Menus may be subject to change

Tues 5th March

Thurs 7th March

GOOL PERAN LOWEN! ST PIRAN'S DAY CELEBRATIONS

Menu

Traditional Steak Pasty
or Cheese and Onion Pasty

Hevva Cake

Jacket Potato available on request



Pasties were taken down the mines by the adults and children who worked there; the shape and size made them ideal for carrying. It's distinctive D shape with the crust acting as a handle, which was discarded to prevent contaminating the food with grubby, possibly arsenic-ridden hands



All Proper Cornish we are passionate about quality pastry, filled with great tasting ingredients, made properly in Cornwall for people who love food.

We are passionate and honest about where our ingredients come from. At Proper Cornish, we believe in supporting our local farmers. Our swede comes from Hayle, courtesy of Trevor Goldsworthy's family run farm, our potatoes come from third generation farmer Chris Duxlow from Par and our onions are grown by Anthony West of Toppoint. Cornwall grows some of the highest quality produce in the world, so why go anywhere else?

Chartwells

WORLD BOOK day

MAINS

Toad in the Hole

(Yorkshire Pudding with Mashed Potato,
Pork Sausages or Veggie Sausage
and Onion Gravy)

SIDES

Peas and Carrots

DESSERT

Buried Jelly Treasure

Menus may be subject to change



Dear parent/guardian,

Measles is currently circulating in England, and we expect that we will soon start seeing measles outbreaks in Cornwall. Measles outbreaks happen when not enough children have been vaccinated.

Measles can be a very serious disease, leading to ear and chest infections, fits, diarrhoea, and damage to the brain. Measles can kill.

Getting vaccinated

Your child is at risk of measles if he or she hasn't had the measles, mumps and rubella (MMR) vaccination.

Two doses of MMR vaccine are needed to get the best protection.

If your child is due to have had 2 doses of MMR but has not yet received them, no matter what age they are, you should contact your GP to get them vaccinated as soon as possible. MMR vaccination is free.

If you can't remember if your child has had any, 1 or 2 doses of MMR vaccine, check his or her personal child health record (the Red Book). If this doesn't help, speak to your GP.

If you don't know how many doses your child has had, it's better to have 2 doses of MMR vaccine now rather than risk leaving them unprotected.

What to do if your child has symptoms

Symptoms of measles include fever, sore red eyes, and rash. Measles often starts as cold like symptoms. If your child has cold like symptoms but no fever they can still attend school. [School attendance](#) is vitally important to childrens' learning and health. If your child has been vaccinated, it's very unlikely that they have measles.

If your child has measles they should stay off nursery or school for at least 4 days from when the rash first appears, and avoid close contact with babies and anyone who is pregnant or has a weakened immune system. If you are worried about your child contact your GP or 111.

For further information see

[MMR \(measles, mumps and rubella\) vaccine - NHS \(www.nhs.uk\)](#)

Measles is circulating leaflet [Measles leaflet English \(publishing.service.gov.uk\)](#)

[What to do if you think your child has measles and when to keep them off school - The Education Hub \(blog.gov.uk\)](#)

Best wishes,

Cornwall Council Public Health Protection team



UK Health
Security
Agency

Measles is circulating

- measles is extremely infectious and can be serious
- Make sure your children get two MMR vaccines on time; the first at 1 year of age and the second at 3 years, 4 months
- If you or your children missed these vaccines, it's not too late. Ask for the free vaccine from your family doctor (GP) if you or your children aren't up-to-date
- if you have symptoms of measles, stay at home and phone your GP or NHS 111 for advice. **STAY AWAY** from GP surgeries and A&E departments – you could spread the illness to others
- symptoms include: high fever; sore red, watery eyes; coughing; aching and feeling generally unwell; a blotchy red brown rash, which usually appears after the first symptoms
- go to **nhs.uk** for more measles information

Symptoms

Rash



Temperature



Runny Nose



Red Eyes



Cough





Porthleven Nursery School

We offer:

- Safe and secure environment.
- Qualified teacher led provision within a foundation unit having access to all amenities within Porthleven School.
- Free funding for 3 and 4-year-olds.
- Experienced, well qualified and caring staff.
- A seamless transition into school.
- Organised activities and trips
- Play based learning.



Visit us today at:

**Porthleven
Primary and
Nursery School**

**Torleven
Road, Porthleven,
TR13 9BX**

Call 01326 562249 or email porthlevensecretary@croftymat.org for more information or to book a viewing.



The Nursery is open between the hours of 09.00 and 15.00. Funded sessions can be claimed in the mornings between 09.00 and 12.00 and afternoon sessions run from 12.00-15.00.

You are able to extend your funded 15 hours per week at a session rate of £14.25 (3 hours).

FURRY YOUTH CAFÉ
**DETACHED YOUTH WORK
IN PORTHLEVEN!**



LOOK OUT FOR OUR TEAM OF EXPERIENCED YOUTH WORKERS
WHO WILL BE IN PORTHLEVEN...

EVERY: WEDNESDAY 3.30PM - 5.30PM

WE WILL BE HERE TO:

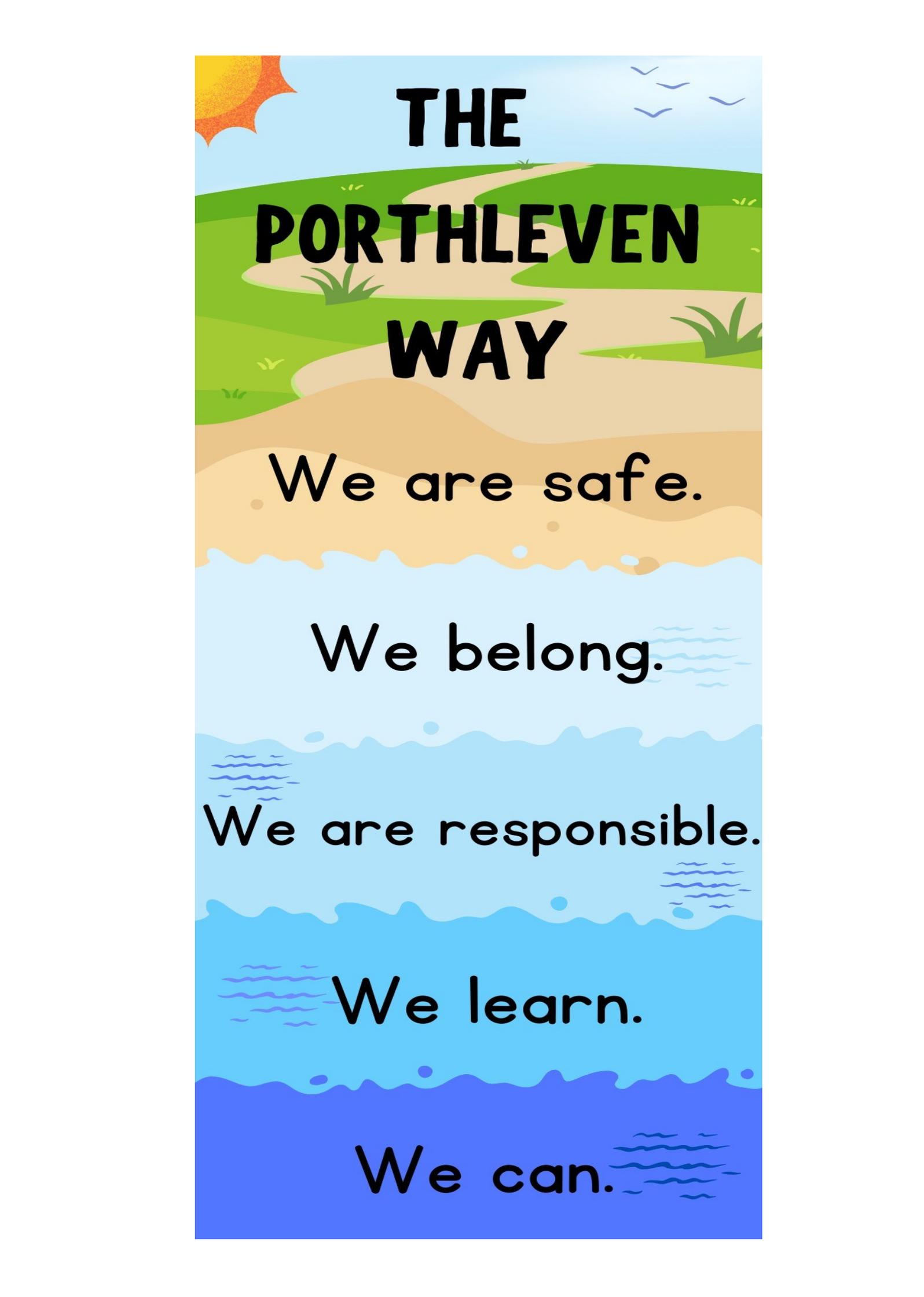
- DELIVER FUN ACTIVITIES SUCH AS TEAM GAMES AND ARTS & CRAFTS
- PROVIDE A SAFE AND CONFIDENTIAL SPACE FOR ADVICE AND SUPPORT
- SHARE REFRESHMENTS & SNACKS
- LISTEN, INSPIRE & EMPOWER!

**COME TO THE PORTHLEVEN FAMILY HUB
AND MEET OUR YOUTH WORKERS**

CONTACT US AND FIND UPDATES:
FACEBOOK: FURRY YOUTH CAFE HELSTON
INSTAGRAM: FURRYOUTHCAFE

FREE!



The background is a vertical illustration. At the top left is a bright yellow sun with orange rays. In the top right, three white birds are flying in a blue sky. Below the sky is a green landscape with rolling hills and a winding light-brown path. The bottom half of the image shows a body of water with light blue and dark blue waves. The text is centered over these elements.

THE PORTHLEVEN WAY

We are safe.

We belong.

We are responsible.

We learn.

We can.

Together for Families

Early Help Parenting Newsletter – Spring 2024

Free information, support and guidance for parents and carers.

Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns, are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 0300 123 1116.

Parenting Support Workshops

We offer interactive parenting programmes both online and face to face. For more information about our parenting support on offer and to book onto a workshop please visit:
www.cornwall.gov.uk/parenting

The programmes currently available are:

Solihull: Understanding your Child – Supporting parents/carers of children aged 1 to 3, 4 to 8, or 9 to 11 (10 x 2-hour sessions)

Take 3 – Supporting parents/carers of teenagers aged 12-17 (10 x 2-hour sessions)

Living with Parents – a one day workshop for parents and their young person aged 12 to 17 years.

Supporting Healthy Relationships – (3 x 2-hour sessions)

- **Me, You and Baby Too** (for parents pre-birth – 12 months)
- **Arguing Better** (for parents of children aged 1 – 19)
- **Getting it Right for Children** (for separated/separating parents with children aged 0 – 19)

Understanding your Child with Additional Needs – a self-guided course accessed through Solihull:
<https://inourplace.heiapply.com/online-learning/course/36>. To access the course, please register for an account using the code TAMAR

- If accessing from a computer, please [click here](#)
- If accessing from a mobile/tablet, please [click here](#)

Bitesize Parenting

Bitesize parenting workshops are weekly 2-hour sessions (12:30 – 14:30) delivered by our parenting team to support on a wide range of topics. Please book on by visiting www.cornwall.gov.uk/parenting

Date	Bitesize Child (for parents/carers of children aged 4-11)
06.02.24	Remaining Calm
13.02.24	Praise and Rewards
20.02.24	Technology and Safety
27.02.24	Sibling Rivalry and Conflict
05.03.24	Bullying
12.03.24	Special time with your child
19.03.24	Supporting Education and School
26.03.24	Routines and Boundaries
Date	Bitesize Teen (for parents/carers of young people aged 12-19)
07.02.24	Sibling Rivalry and Conflict
14.02.24	Teenage Brain
21.02.24	Supporting Education and School
28.02.24	Mental Health and Wellbeing
06.03.24	Remaining Calm
13.03.24	Drugs and Alcohol
20.03.24	Technology and Safety
27.03.24	Body Image

“ I found the agreements and I-statements to be valuable tool to tackle this week. You (the facilitator) have been amazing. Very clear messaging every week. ”

– Parent of teenager attending Take 3

Positive Parenting Top Tip!

Special Time – Let's Play

Parents need to juggle a lot of different roles in the family, and we can sometimes overlook playing with our children. Children need our attention, and they will gain that any way they can. Giving more positive attention to your child in positive situations, will reduce the need for them to gain attention through negative situations.

We challenge you to spend a minimum of 10 minutes a day of quality, child led play time with your child. This will help your child's self-esteem, mental and emotional health, social skills, communication skills, relationships, and behaviour issues.

So put down your phones, leave the dishes until later and go and get involved in your child's play, they will love you for it.

Service Spotlight

Parent Carers Cornwall is run by parents and carers and our aim is to support and offer guidance to families who have a child with SEND 0-25 years of age.

Our aim is to gather information from Parent Carers and using these unique shared experiences, we take part in consultations and participation work which helps us to shape the development and delivery of services to our children. We also pass on information to families via a newsletter and e-bulletin, arrange coffee and chat sessions and organise training and workshops for parents.

Support is offered to families to help complete DLA/PIP forms if required.

We are on all social media channels as Parent Carers Cornwall or for any information please contact us through our website

<https://parentcarerscornwall.org.uk/>



New Booking Platform

Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to self-book onto workshops using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the Early Help Hub: <http://www.cornwall.gov.uk/earlyhelphub>.

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am - 5pm to support queries.



Parenting children aged 0 to 11

SEARCH & FILTER

<input type="radio"/> About - Understanding your child (ages 1 to 11) <small>View a list of services, activities, and events</small> <small>View a list of services, activities, and events</small>	<input type="radio"/> Understanding your child (ages 1 to 11) - 8 Bedford Family Hub <small>View a list of services, activities, and events</small> <small>View a list of services, activities, and events</small>
<input type="radio"/> Understanding your child (ages 1 to 11) - 8 From Family Hub <small>View a list of services, activities, and events</small> <small>View a list of services, activities, and events</small>	<input type="radio"/> Understanding your child (ages 1 to 11) - 10 The Fish Family Hub <small>View a list of services, activities, and events</small> <small>View a list of services, activities, and events</small>

Further Parenting Support

For further parenting support, including self-help and support from our partner organisations please visit www.cornwall.gov.uk/parenting.

Contact us

Email: parenting@cornwall.gov.uk

Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY

Email: equality@cornwall.gov.uk Telephone: 0300 1234 100



CORNWALL COUNCIL
one and all - anen hag all

Together 
for Families



www.cornwall.gov.uk

THE WRITERS' BLOCK

CREATIVE CLUBS

The Writers' Block in Redruth is an inspiring, joyful, immersive space dedicated to story and creative writing.

This spring we have affordable after school and half term clubs that provide a space for children to find their words, discover their talents and have a great time!



HALF TERM

Drama Club for 9 - 11s

When: 15 February 10am - 4pm
£20 - bursaries available

Story Adventurers for 6 - 8s

When: 16 February 10am - 4pm
£20 - bursaries available

AFTER SCHOOL

Manga drawing for 11 - 16s

When: Monthly on Tuesdays
£0-£4

Creative Club for 7 - 10s

When: Thursdays term time 4.15 - 5.30pm
Next sessions 22 February - 28 March
£10/£15 for block of 6 sessions

Young Writers for 11 - 16s

When: Monthly on Saturdays
£5/£8

Booking essential:

www.thewritersblock.org.uk/events

Funded and supported by:



Supported using public funding by
**ARTS COUNCIL
ENGLAND**



amazon literary
partnership



Created by:

KEAP

PADDLEBOAT THEATRE PRESENTS:
FRAMED!
AN INTERACTIVE FAMILY FRIENDLY WHODUNNIT MYSTERY



FRINGE REVIEW



SCAN ME

2pm, Wednesday 14 February

Tickets: £8. Save £2 per ticket with the code: **framed** (valid until 31 Dec)

falmouth.ac.uk/arts-centre

AMATA Arts Centre, Falmouth University, Penryn Campus TR10 9FE

FALMOUTH
UNIVERSITY



Carn
to *Cove*

