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## Scheme of Work

Growing & Caring For Ourselves Key Stage 1

Word Box: Clean, similar, different, family, boy, girl, male, female, body parts, penis, vagina

End of Key Stage Statements PSHE Framework 3e, the names of the main parts of the body 4d, that family and	Learning Intentions and Learning Outcomes Learning Intention To understand some basic hygiene principles Learning Outcomes Know how to keep clean and look after oneself	Lesson Title Lesson 1 Keeping Clean	<b>Resources</b> Talking object Story bag containing sponge, toothbrush and soap (and a school jumper or shirt if available) <u>Keeping Clean pictures</u>
friends should care for each other 4c, to identify and respect the differences and similarities between people <b>National</b> <b>Curriculum Science</b> Sc2/1b, that animals including humans move, feed, grow, use their senses, and reproduce 2a, to recognise and compare the main external parts of the bodies of humans and of other animals	<b>Learning Intention</b> To introduce the concept of growing and changing <b>Learning Outcomes</b> Know how people grow and change Understand that babies become children and then adults Know the differences between boy and girl babies	Lesson 2 Growing and Changing	Talking object Story bag containing <u>Pictures of newborn babies</u> <u>Lifecycle picture cards</u> <u>Lifecycle word cards</u> <u>Lifecycle whiteboard summary</u>
	<b>Learning Intention</b> To explore different types of families and who to ask for help <b>Learning Outcomes</b> Know there are different types of families Know which people we can ask for help	Lesson 3 Families and Care	Talking object Story bag - containing plaster and skipping rope <u>Pictures of families</u> <i>The Family Book</i> , Todd Parr <b>Additional Activities</b> Suggested reading: <i>Happy Families</i> , Allan Ahlberg <i>Who's in a Family</i> ? Robert Skutch