



## Curriculum statement for the teaching and learning of Physical Education 2021/22

Our aim is to provide all our children with an engaging, exciting and empowering curriculum that equips them with the skills for success both now and in the future.

The development of our curriculum is based on the following key principles to meet the needs of the children in our community:

- To provide opportunities for all pupils to progress in their learning
- To promote spiritual, moral, social and cultural development
- To develop positive characteristics in our pupils with an emphasis on resilience for learning
- To provide pupils with a sense of place but to also widen their outlook to the world beyond.
- To give all pupils, especially disadvantaged pupils, experiences and essential knowledge that broaden their opportunities in life.

We believe the best schools reflect their local communities; we bring the community into our school and we take our pupils out into the community. The best schools also look beyond their local community and we ensure our pupils are part of the national and international conversation. We teach pupils how to be active members of the community and how to be good citizens of the world.

### Intent

At Porthleven Primary School, we are ATHLETES! We want our children to love physical education and sport. We want them to have no limits to what their ambitions are and view physical education as another pathway to life-fulling occupations such as personal training, nutritionists, sports journalism or even gold medal winners! At our school, we recognise the importance of Physical Education to a child's physical, cognitive, social and emotional development as well as the role it can play in a child's spiritual, moral and cultural development. Physical Education develops the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. Physical Education promotes an understanding in children of their bodies in action. It involves thinking, selecting and applying skills and promotes attitudes towards a healthy lifestyle. Thus, enabling them to make informed choices about physical activity throughout their lives.

At Porthleven, we aim to ensure that every child has the opportunity to access at least 30 minutes of physical activity a day, while covering all aspects of the P.E. national curriculum. We believe, through experiences and a broad, balanced and progressive curriculum tailored to all children (Arena Scheme of work), they will continue to have the motivation, confidence, physical competence, knowledge and understanding to value and take responsibility for their engagement in physical activity, sport and P.E. Our intention is to develop a lifelong love of physical activity, sport and P.E. for every child at Porthleven School. We help all children to make rapid progress in their physical, social and mental development. This helps them maintain a positive physical and mental outlook for the future. In addition to the importance placed on P.E. lessons, we also promote our wider curriculum offer which includes the opportunities for pupils to take part in extra-curricular sports and activity clubs and competitions. Daily physical activity and health enhancing activities also play a crucial role in our offer to pupils. This includes: active lessons, active breaks and lunchtimes and extra-curricular activities.

<b>Underpinned By</b>	<b>Acquiring and Developing of Skills</b>	<b>Evaluating and Improving</b>	<b>Health &amp; Dance</b>
	Porthleven School pupils will learn to apply and develop a range of skills to enable them to become successful games players, dancers, gymnasts and athletes. Their experiences will also be enriched through opportunities for outdoor and adventurous activities.	Porthleven School pupils will learn how to compare and comment on skills, techniques and ideas that they and others have used. They will be taught how to use their observations to improve their work and performances.	<p>Porthleven School pupils will learn the importance of physical activity on their health and be taught to make healthy life choices which will lead to living a healthy and active life.</p> <p>Porthleven School pupils will compose their own dances in a creative, controlled and imaginative way. They will perform to an accompaniment, expressively and sensitively.</p>

<b>Implementation</b>	<b>Broad and Balanced Curriculum</b>	<b>Daily Physical Activity / Active Learning</b>	<b>Extra-Curricular Activities</b>
	We aim to ensure we provide a broad and balanced curriculum which includes comprehensive coverage of the National Curriculum for Physical Education in EYFS, KS1 and KS2. Our school uses the Arena PE schemes of work together with Leap Into Life at EYFS and KS1.	We aim to embed at least 30 minutes of physical activity throughout the school day in addition to our P.E. lessons. We aim to make some of lessons active and that highlighted children have 'brain breaks' throughout the school day through the initiatives such as mindfulness, yoga, Super Movers and Go Noodle activities. We also provide the children with	We offer a range of clubs after school. These range from traditional sports such as football and netball to other non-competitive sports such as multi-sports in KS1 and dance. We also have a successful cross-country team that compete at different courses throughout the academic year.

	<p>Cross curriculum links are made where possible, which will engage pupils and make their learning relevant.</p>	<p>opportunities to be physically active at break and lunchtimes. We encourage the use of our Daily Mile course, our MUGGA (in KS2) and our zoned areas in the playground at lunchtimes, which include a bat and ball area, dance zones, adventure equipment, climbing wall and free play.</p>	
	<p><b>Competition Level 0 &amp; Level 1</b></p>	<p><b>Competition 2 and Level 3</b></p>	<p><b>Leadership</b></p>
	<p>Porthleven School children are encouraged to work on their 'personal best' (Level 0) in a range of P.E. and sporting activities and P.E. lessons. The pupils are given opportunities for Intra sports competitions at the end of half terms (Level 1) and this includes intra house competitions in a range of sports linked to that terms P.E. focus.</p>	<p>Our pupils have the opportunity to represent the school in a range of physical activities (L2). Some of these are competitive team or individual competitions and others are festivals or inclusion sports. We encourage our less active children to become involved as we have A &amp; B teams competing in some events and we also take part in an inclusion festival which is a less competitive event with the focus on fun and participation. Our successful sports teams have been frequently involved in county finals (L3).</p>	<p>We aim to develop leaders at Porthleven School and every year we train a group of children to be playground leaders to support children in KS1. They do their training in the Spring term of Year 5 and then help to organise events such as Sports Day and intra sport activities. They are timetabled to lead lunchtime activities with KS1 children.</p>

<b>Impact</b>	<p>The impact of this curriculum design will lead to outstanding progress in their performance, competition and social and mental development. Children will therefore be expected to leave Porthleven School a well-rounded individual physically, socially and mentally and will have reached at least their expected level in PE. We hope the children will understand the importance of physical activity, sport and PE and motivate children to become confident, resilient and disciplined, so that they become independent and take responsibility for their health and fitness throughout their life.</p>			
	Pupil Voice	Evidence in Skills	Evidence in Evaluating and Improving	Evidence in Health
	<p>Through discussion and feedback, children talk enthusiastically about their P.E. lessons and can confidently talk about why Physical Education is important. They enjoy their active lessons and break and lunchtimes and understand how this contributes to a healthy outlook.</p>	<p>Pupils can link skills, techniques and ideas and apply them accurately and appropriately. Pupils show good control in their movements.</p>	<p>Pupils can compare and comment on skills, techniques and ideas that they and others have used. Pupils can use their observations to improve their work.</p>	<p>Pupils can explain some important safety principles when preparing for exercise. Pupils can explain what effect exercise has on their body. Pupils can explain why exercise is important.</p>